

# CHW WORKSHOP



## IMPROVING COMMUNITY HEALTH WORKER MENTAL HEALTH & SELF-CARE

Please join Harris County Public Health (HCPH) for a workshop session dedicated to addressing and improving Community Health Worker's (CHW) mental health and self-care practices.

CHWs across Harris County are encouraged to attend to share experiences from various sectors, network with other CHWs, and gain exposure to new tools and resources for CHWs and the community members they serve.

**HCPH will provide CHWs with 3  
non-credit continuing education hours after  
completion of the workshop.**

For more information or questions:  
Email [Justin.Rahman@phs.hctx.net](mailto:Justin.Rahman@phs.hctx.net)  
or call (713) 274 - 6077

**SAVE THE DATE!**

**NOVEMBER 2, 2022  
9:00AM – 1:00PM**

United Way of Greater Houston  
Auditorium GH  
50 Waugh Dr, Houston, TX 77007



REGISTER **HERE**