



HEROES FRIENDS AND FAMILY INFORMATIONAL AND EDUCATIONAL SUPPORT GROUP

MONTHLY MEETING
1ST TUESDAY
NOON - 1:30 PM

UTHEALTH | THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER
JOIN US VIRTUALLY!
EMAIL US WITH QUESTIONS OR TO SIGN UP
HEROES@UTH.TMC.EDU

Addiction is a chronic and progressive brain disease impacted by biological, psychological, and social influences. Understanding addiction and learning skills to manage is important for supporting friends or family in long-term recovery.

This weekly group is to provide support and informational services to family and friends of loved ones living with substance use disorder. The group is facilitated by experienced staff familiar with the processes of recovery.

**COMPASSIONATE STAFF IS HERE TO OFFER RESOURCES AND SUPPORT
(INDIVIDUAL SESSION WITH CLINICAL STAFF ALSO AVAILABLE BY REQUEST)**



713-500-3597 | sbmi.uth.edu/heroes